

Trick or treat: examinations are child's play  
Francisco Gabaldon

"The initial interaction between the child and the nurse is crucial. Depending on the age, we will take his hand to come to the exploration room and we will explain what it is going to be done in a simple way.

The most important exploration is to measure the visual acuity, since the diagnosis of amblyopia will depend on it, as well as to assess if they not need a treatment and the evaluation of its effectiveness. Different methods will be used according to the age, like Visual Preference Test, Picture Test or Standardized Optotypes.

The instillation of eye drops in children is a very stressful moment. We are going to explain our method.

The tests that we usually perform on children are: Retinography, Automatic refractometry, videoculography (VOG), Ocular Biometry, Ocular Coherence Tomography (OCT), and Ecography.

#### FINAL TIPS

Don't be afraid of the child

Try to become their friend

Make the child participate

Talk about children topics

Try children's parents do not influence on the tests

Empathy is a natural gift but it can always be developed

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