**SOE2019 YO symposium**

**Time to become grown up?**

Becoming professional is a slow development, starting early in life. Most YO never think about it. It just happened magically someday. Or did it?

Professionalism has some facets that can be thought and trained. For that we have invited some of our most experienced YO speakers. Within this symposium we will discuss:

How to get positive scientific interaction with authors of scientific papers, senior collages and during conferences after oral presentation, and posters. How to enrich both side of the argument? How to behave when you get the questions you feared most. The questions who is urgent to know for clarification or just to impress? *(Anthoney Khawaja)*

Presentation for a big audience. Timing, practicing, position and dressing. What are the pearls in Power Point? *(Jaya Chidambaram)*

Mentor and Mentee. What lies implicit within these roles. What to be aware of? And how to get the best out of it? *(Janice Law)*

How to find your way into ophthalmology and especially your subspecialty? What are the pathways to the podium? *(Marie Louise Roed Rasmussen)*

Finally, a panel of European YO’s who will share their experience and good advices career wise. What determines them to go into teaching, science, Ph.D., fellowships and subspecialty?

So, join us for a session that will take you to the next level - open your eyes and leave you a bit more on the way to professionalism.